

## The Ameda choice



Ameda Breastfeeding Products have been developed in close co-operation with prominent scientists, medical specialists, and mothers. Decades of experience and a constantly growing sales network make Ameda your reliable partner.

We set great value on advice by experienced specialists when selling our breastfeeding products in order to provide the best support for you and your baby.

You can purchase our Ameda Breastfeeding Products in pharmacies and selected retailers and from your midwife or lactation consultant.

You can find everything you need in order to express and store breast milk conveniently and hygienically at home or on the move in the following product range.

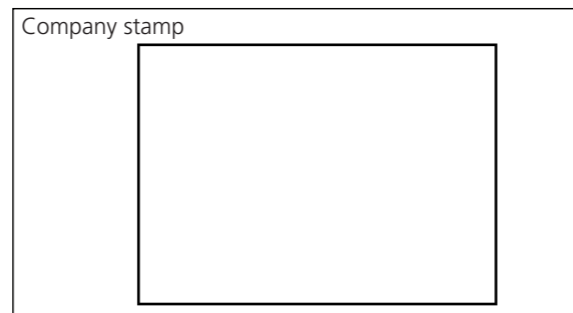
## ARDO – your specialist for breastfeeding products

In addition to the constantly increasing range of ARDO breastfeeding products, we also distribute **Ameda** breast pumps and accessories. We offer comprehensive support to the breastfeeding mother.

### Ameda and ARDO online

Visit our website to see our complete Ameda and Ardo product range and further breastfeeding products.

[www.ardo.ch](http://www.ardo.ch)



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## Breast milk is unique



Your breast milk corresponds exactly with the needs of your baby and the composition changes continuously. It contains more than 200 essential nutrients and antibodies. Breast milk contains all necessary vitamins, minerals and trace elements for the optimal growth of your baby. Each drop of breast milk is precious for the health of your child!

### The benefits of breastfeeding

- Breastfeeding is best for your baby. Your breast milk provides protection against illnesses.
- Breastfeeding initiates a very intimate relationship between you and your baby.
- Breastfeeding makes for a gentle and ideal start in life for your child.
- Breastfeeding mothers lose weight faster after delivery.
- Bleeding after delivery is less severe for mothers who breastfeed than for those who do not.
- Studies have shown that breastfeeding reduces the occurrence of breast, uterine and ovarian cancer.



## Breast care

### The Nipple Former

helps women with inverted or flat nipples to prepare for breastfeeding.



### The Nipple Protector

prevents unpleasant rubbing against clothes when nipples are sore or sensitive to touch.



### The Nipple Shield

protects sore nipples and prevents direct contact during breastfeeding.



### The Temperature Pack

is used as a warm/cold breast compress before or after breastfeeding and/or expressing.



### The LilyPadz

are the only reusable and nonabsorbing breast pads made of breathable material. Applying light pressure to the nipple prevents milk leakage. LilyPadz are not visible under a bathingsuit or an evening dress.



## Lactaline personal Breast Pump

The Lactaline personal is the world's smallest, electric, interval double breast pump and offers ultimate mobility. It is easy to handle, small, quiet and efficient – the favorite breast pump for private use. The vacuum and cycle can be adjusted separately and continuously to meet the specific needs and requirements of the mother. The pump meets the highest hygienic standards and can also be battery operated.



Travel Set Lactaline

## One-Handed Breast Pump

The One-Handed Breast Pump is designed for one-handed operation. The ergonomically designed and rotatable grip takes the effort out of expressing the breast milk and leaves a hand free for breast massage.



Also available with practical bag.

## Elite Breast Pump

Elite is the quiet, electric, interval double breast pump for professional use.

It is a proven, cutting-edge model. The vacuum and cycle can be adjusted separately and continuously to meet the specific needs and requirements of the mother. The baby's natural sucking rhythm can thus be imitated perfectly.



## 'Hygiene Pumpset'

The milk flow is visible through the totally transparent 'Hygiene Pumpset', which encourages the milk discharge reflex.



### Patented Ameda Pumpset

Studies prove: the Ameda silicone diaphragm creates a barrier protecting pump and breast milk from potential viruses and bacteria.

## Breastfeeding accessories

### The Large Breast Shell

offers women with large breasts/nipples more comfort and optimum conditions for expressing.



### The EHP Combi-Kit

converts the One-Handed Breast Pump (EHP) into a 'Hygiene Pumpset'.



### The Pump Grip

converts the 'Hygiene Pumpset' into the One-Handed Breast Pump (EHP).



### The Flexishield

is a soft breast shell insert. Its gentle massaging effect stimulates the milk flow and makes expressing more pleasant.



### The Freezer Bag

Is used for the collection, hygienic storage and freezing of the breast milk. The Freezer Bag does not absorb foreign odors and optimally preserves the quality of the breast milk.

